

INVISALIGN INFORMATION LEAFLET

INVISALIGN FEATURES

Aligners need to be worn for 22 hours a day, only being removed when brushing your teeth, eating and drinking anything other than water. Each aligner is worn for 1 week before moving to the next, with the exception of the first and the last aligner which are worn for 2 weeks. It is normal to experience a tight aching sensation when switching to your next aligner.



Attachments are small tooth coloured shapes applied to your teeth during treatment. These act like handles giving the aligner something to gently push on.



IPR is when space is required to allow tooth movements we carry out IPR, which involves making teeth slightly narrower by removing small amounts of enamel. In some cases with moderate to severe crowding we may suggest removing teeth to create space.

If you need painkillers at any point during the process please use Paracetamol and not Ibuprofen which will interfere with planned tooth movements.

We provide 3 sets of removable retainers at the end of treatment which have to be worn like the aligners for 22 hours day for the first 3 months after treatment and then on a nightly basis after this time for as long as you want your teeth to remain straight. Sometimes we will advise placing a fixed retainer on the back surface of the teeth in addition to the removable retainer.

TREATMENT PROCESS

Records Appointment: In this appointment we carry out a full dental health check and orthodontic assessment, which includes photos and a 3D scan of your teeth. This information is used to create a treatment plan over the following weeks.

Full Mouth Xray: We send a referral to Stuart Steven Dental Practice (Haymarket), who will contact you to arrange a time for a full mouth xray to be taken, which is required for treatment planning.

ClinCheck: Once the full mouth xray is taken and we have a treatment plan we are happy with, we will contact you to arrange a 'ClinCheck Appointment', where we will go through a simulation of the proposed treatment. Once we have a plan you are happy with we will order the aligners, which take around 2 weeks to arrive.

Many stages of the Invisalign process will be carried out by our Orthodontic Therapist.

Reviews: These are required every 4-8 weeks to monitor progress.

Refinements: There are some situations where teeth don't move as we planned. When this occurs we remove attachments and take a new scan to create additional aligners.

Tooth Whitening: This is included as part of the Invisalign Full and Light Packages and is carried out towards the end of the Invisalign process.

TREATMENT COSTS

Invisalign Full Package: £3995

Invisalign Light Package: £3225

Our Invisalign Full and Light Packages include tooth whitening and retainers.

Deposit: We request a £300 non-refundable deposit prior to treatment to cover treatment planning costs, which comes off the cost of treatment. £50 of this is required to secure a records appointment with the remainder due on the day.

Discount: We offer a 5% discount for patients paying in full before starting treatment.

Finance: We offer 0% interest packages if paid within the first 12 months. Alternatively 9.9% APR is applied for longer terms. If you are interested in finance please email enquiries@edinburghdentalstudio.co.uk to request a finance calculator, to give you an idea of monthly payments. If you want to benefit from the 5% discount, you could arrange your own finance (0% Credit Card or Loan) and pay in full before starting treatment.

Questions?

Please do not hesitate to get in touch.

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